

## Experience the joy of music with your little one at home

**Music for Our Little Ones** – an authentic South African therapeutic music- and movement programme for children aged one to six – has just launched an innovative version of their **Music for Our Little Ones** curriculum that can be enjoyed at home.

Called **Music for Our Little Ones AT HOME**, the concept and product has been developed by the SA Music Appreciation and Development School and is based on the programme presented through the music schools, which emphasises the use of goal-driven music activities to nurture the development of your little one's music appreciation abilities and love of music, as well as stimulate their intellectual, emotional, social, motor, listening and concentration skills. This in turn contributes to a positive self image, which is the strongest foundation we can offer our children for developing into unique, balanced adults with a positive outlook on life.

The **AT HOME** product, a condensed version of the comprehensive music- and movement programme that can also be used to supplement the full programme, offers families the opportunity to enjoy the unique **Music for Our Little Ones** experience together, whilst being in touch with and developing their child's total being at the same time. A major advantage of this brand extension is that children who live in smaller towns or in the country – where **Music for Our Little Ones** music schools aren't perhaps available – or who receive home schooling or are looked after at home by caregivers, can participate in these music activities. By using the **Music for Our Little Ones AT HOME** kit parents and caregivers have heaps of creative ideas at their immediate disposal to stimulate little ones at home.

**Music for Our Little Ones AT HOME**, which comes in an attractive brightly coloured box, is available in English and Afrikaans and consists of ten themes that focus on the specific development stage of your little one, plus the various development tasks that should be mastered between one and six years of age. Lessons are between 30 to 40 minutes each and compiled according to a structure that is user-friendly for the whole family. Items include a CD with sound material, a variety of simple yet fun percussion instruments as well as a selection of tactile materials including feathers, puppets, stickers, play dough, balls and toy insects.

Opportunities are also available for people with a love for children and music to start their own music school and present **Music for Our Little Ones** programmes.

For more information on business opportunities or a music school in your area, e-mail [musicsa@samusicsschool.co.za](mailto:musicsa@samusicsschool.co.za) or visit [www.samusicsschool.co.za](http://www.samusicsschool.co.za).

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The SA Music Appreciation and Development School offers therapeutic music and movement programmes – **Music for Our Little Ones** – for children aged one to six years. The combined experiences gained by Anna Coetzee, who holds a Bachelor of Music degree, and psychologist Dr. Lydia Dreyer, together with their passion for music and children, led to the establishment of the SA Music Appreciation and Development School, specifically aimed at South African children and the world in which they live.